



2016 Southern African Mountain Bike Cup Series



Standard Program of Events : Mankele 29th - 30th January 2015

Friday 29th January 2016

09:00 - 16:00	Registration and Late Entries Please Note :-> NO entries after 16:00	All > > >	R 50 fee payable for ALL late entries <i>Due to preparation of Start Lists</i>
10:00 - 16:00	XCO Official Practise	XCO	Bike Number Boards required
16:00 - 16:30	Team Managers Meeting: XCO	XCO	Compulsory for ALL riders & team managers

Saturday 30th January 2016

06:30 - 07:00	Number pick-up: NO Late entry	XCO	No XCO course practise
08:00 - 16:00	XCO Racing	XCO	See Start Times below. No XCO practise
11:00	Awards ceremony: Early events	XCO	Nipper; Sprog; Sub Junior; Youth Women
13:00	Awards ceremony: morning events	XCO	All Women
16:00	Awards ceremony: 30+ Men & UCI cats	XCO	<i>Or, as soon as racing is completed</i>

Cross Country Racing Times				Winning Time		Laps	NB! Notes
Start	±End	Category Name	Code	Min	Max		
08:00	08:47	Sprogs: Boys & Girls [short course]	SB-SG	00:40	00:55	4	Times & Laps subject to change Final Start Times and number of laps will be determined by specific course lap times Check info board at registration for final start times & laps <i>Be at Start min 1 hour before your race time</i>
		Nippers: Boys & Girls [short course]	NB-NG	00:25	00:40	3	
09:00	10:02	Sub-Junior Boys	JB	00:55	01:10	4	
		Sub-Junior Girls	JG	00:55	01:10	3	
10:00	11:37	Pro-Elite Women [Elite & U-23]	EW	01:30	01:45	6	
10:02	11:09	Junior Women	JW	01:00	01:15	4	
10:04	11:11	Youth Women	YW	01:00	01:15	4	
10:20	11:42	Sub Veteran Women	SW	01:15	01:30	4	
		Veteran Women	VW	01:15	01:30	4	
		Master Women	MW	01:15	01:30	4	
		Grand Master Women	GW	01:15	01:30	3	
12:00	13:22	Sub Veteran Men	SV	01:15	01:30	6	
		Veteran Men	VM	01:15	01:30	5	
		Master Men	MM	01:15	01:30	4	
		Grand Master Men	GM	01:15	01:30	3	
12:05	13:12	Youth Men	YM	01:00	01:15	4	
14:00	15:37	Pro-Elite Men [Elite & U-23]	EM	01:30	01:45	7	
14:02	15:09	Junior Men	JM	01:00	01:15	5	